

# ***New Canaan Parent Support Group***



**Meetings every Thursday at 7-8:30PM**

**St. Mark's Church, 111 Oenoke Ridge, New Canaan**

- A Weekly Gathering of parents with loved ones affected by substance use and abuse
- By sharing experiences, we realize we are not alone.
- Our goal is to educate and instill hope, in a trusting and safe environment
- Addiction is a disease. It affects the family and anyone close to those who struggle with addiction.
- Each session is facilitated by an experienced drug & alcohol counselor.
- Monthly guest speakers—people in long-term recovery, experts on addiction.

**Interested? Email or call Paul ([preinhar99@gmail.com](mailto:preinhar99@gmail.com);  
203-564-6374)**